

WHAT TO KNOW ABOUT THE COVID-19 VACCINE



MYTH

vs.

FACT

MYTH: Getting COVID-19 is not that bad, so the vaccine is not important.



FACT: COVID-19 is a serious illness and the vaccine prevents you from getting sick and/or dying.

- COVID-19 is killing a lot of people.
- COVID-19 is making a lot of people very sick.
- If you get COVID-19, you could infect family, friends and anyone around you.

MYTH: You can get COVID-19 from the COVID-19 vaccine.



FACT: You cannot get COVID-19 from the vaccine.

- You cannot get COVID-19 from the vaccine because it does not contain the virus.
- The vaccine has been tested in the same way all vaccines and medicines are tested to make sure they are safe.
- The vaccine keeps people from getting very sick or dying from COVID-19.

MYTH: It's too much trouble to get the vaccine.



FACT: The process is simple.

- You get 1 shot in your arm. For some vaccines, you will return for a second shot 3-4 weeks later.
- After the shot, you will wait 15-30 minutes to make sure you don't have an allergic reaction.
- The vaccine is widely available in the United States at pharmacies, public health clinics, etc. To find a vaccination site near you visit [VaccineFinder.org](https://www.vaccinefinder.org).

MYTH: The COVID-19 vaccine causes severe side effects.



FACT: After getting your COVID-19 vaccine, you may have mild side effects for 1-2 days.

- Pain, swelling and redness where you got the shot
- Feeling tired, headache
- Muscle and joint aches or pain
- Fever, chills

For more information and related resources, visit
[BusinessPartners2CONVINCE.org](https://www.BusinessPartners2CONVINCE.org)

MYTH

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FACT

MYTH: The vaccine takes a long time to start working.



FACT: Once you get your shots, it takes 2 weeks to get protection against COVID-19 illness.

MYTH: The vaccine doesn't prevent you from getting COVID-19.



FACT: COVID-19 vaccines are effective at preventing COVID-19 infection, severe illness and death.

Two doses of the vaccine are 95%+ effective at preventing COVID-19 infection.

MYTH: Only some people need to get the vaccine.



FACT: Almost everyone needs to get the vaccine.

- Getting a COVID-19 vaccine is not required but the sooner more people are vaccinated the sooner the pandemic will end.
- If you're at least 12 years old, you can get the COVID-19 vaccine in the U.S.

MYTH: The vaccine costs me money.



FACT: The COVID-19 vaccines are FREE to everyone in the United States.

Check your local government website for more information.

MYTH: After I'm vaccinated, I won't have to worry about COVID-19 anymore.



FACT: Even after getting the vaccine, you must still adhere to safety guidelines.

People who are fully vaccinated can begin doing some of the things they stopped doing because of the pandemic. Until almost everyone has been vaccinated, it's best to follow the latest CDC recommendations [here](#).



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